

Children Are Growing Horns on the Back of Their Heads Due to Looking Down at Their Smart Phones

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In addition to blurry vision and headaches from too much time spent on a smart phone, an Australian study showed that some people, especially teens, are also suffering from 'text neck,' which is muscle weakness that causes the body makes more bone on the back of the head to compensate. The new bone spurs will be passed down to future generations through epigenetics.