

# “Harmless” Painkillers Like Ibuprofen Now Linked to Huge Increase in Risk of Sudden Heart Attack

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A new study linked non-steroidal anti-inflammatory (NSAID) drugs such as ibuprofen and diclofenac with an increase in cardiac arrest. Research data showed painkiller use was linked to a 31% higher risk of cardiac arrest in patients. NSAIDs should be used with caution and for a valid indication.