NY: Woman Sentenced to 1-Year Prison Sentence for False Rape Report

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Long Island: Nikki Yovino, 19, falsely claimed that she was raped by two Sacred Heart University football players. She admitted in court that she was not raped, she plead 'guilty' to charges of falsely reporting an incident and interfering with police, and struck a plea deal for one year in prison. Both of the young men are no longer in school and have had their scholarships revoked, and are considering suing her.

A young Long Island woman who spent over a year insisting that she was raped by two Sacred Heart University football players officially admitted in court Tuesday that she's been lying the entire time.

Nikki Yovino, 19, pleaded guilty to charges of falsely reporting an incident and interfering with police, according to the Connecticut Post.

The former college student reportedly accepted a plea deal, and will now serve a reduced sentence of one year in prison. She had been facing six.

Yovino agreed to the deal just as jury selection was getting ready to begin in her false rape trial, the Post reports.

"We were prepared to go to trial on the original felony charge, but after lengthy discussions with all parties involved and considering all outside factors, this was an appropriate disposition that will hopefully set a precedent about how serious the state takes this conduct," Senior Assistant State's Attorney Tatiana Messina told the judge in Yovino's case.

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